



## Kick-off Meeting - Workshop - Focus Group



Ευρωπαϊκό Κοινοβούλιο  
Γραφείο Ενημέρωσης  
στην Ελλάδα

***With the support of the European Parliament Office and the European Commission Representation in Greece***

**16 – 17 January 2020**

**Venue: European Parliament Office in Greece, Amalias 8, Athens, Greece**

### **Objectives of the kick-off meeting**

1. To know each other
2. To familiarize ourselves with the project
3. To adopt the work plan, evaluation strategy and dissemination plan
4. To establish the communication, monitoring and reporting procedures
5. To understand the contractual rules
6. To agree on the web and social media presence of the project.
7. To design the plan of the Leaflet, Google Forms, Interviews, Good Practice guide.

### **Proposed results**

1. PPT presentation of the project
2. Presentation of the partner organizations, their resources and their strategy of implementing the project
3. Steering Committee
4. Partnership agreement
5. Work plan, Dissemination plan, Evaluation strategy
6. Communication, monitoring and reporting procedures
7. Focus Group for children of parents with mental health conditions
8. Study Visit at the Office of the European Parliament in Athens
9. Workshop on Good Practices for young caregivers (Guest Speakers from Greece, Finland, Italy)
10. Action plan until next meeting – Setting date for TPM 2, June 2020 - Namur.



## **AGENDA**

*Venue: European Parliament Office in Greece, Amalias 8, Athens, Greece*

### **First DAY - 16 January 2020 (session 1)**

<b>Welcome &amp; Check-In</b>	
11:00-11:30	Welcome and Check-in [Dynami Zois / EPIONI] Representative of the European Parliament Office in Greece, Former MEP Mr. Nikos Chrysogelos, Representative of Dynami Zois, Prof. George Christodoulou, President, Society of Preventive Psychiatry, former president of World Federation for Mental Health,
<b>Introduction and Project Overview</b>	
11:30-12:30	<p><b>"Children of parents with mental disorders: A priority for Mental Health in the new Century"</b></p> <p>Giovanni de Girolamo, M.D. Professor of Psychiatry and Psychology Department of Psychology, Catholic University, Milan (Italy) ( Skype session 10min)</p> <p>The Contribution of the Hellenic Society for Neuroscience in Brain Research and Science Communication to the Public, <a href="#">Christina Dalla, PhD, Associate Professor of Pharmacology (Share4Carers Associated Partner 10 min)</a></p> <p><b>Project Presentations:</b></p> <p><b>Distribution of tasks</b> (page 60) Eugenia Athanasopoulou, Dynami Zois (5 minutes)</p> <p><b>Implementation</b> (page 69) Eugenia Athanasopoulou, Dynami Zois (5 minutes)</p> <p><b>Handling risks</b> (page 80) Fokion Dimitriadis, EPIONI (5 minutes)</p> <p><b>Communication - Dissemination</b> Fokion Dimitriadis, Spyros Zorbas, Miia Maniko, Stefania Buoni (10 minutes)</p> <p><b>Impact</b> (p.92-94) [Dynami Zois] (5minutes) How the project activities lead to the achievement of the results (page 83) 5min [Dynami Zois]</p> <p><b>Monitoring - Evaluation</b> - (p.78 - 79) How we will assess the success of "Share4Carers" (Şehnaz SAKICI, Gaziantep University, Jocelyn Deloyer, Centre Neuro Psychiatrique, Saint-Martin) (10minutes)</p>



<b>Presentation of Partners</b>	
12:30-13:30	<p>Presentation of the partners, their resources and their strategy of implementing the project (10 minutes per partner) Eugenia Athanasopoulou, Fokion Dimitriadis, Jocelyn Deloyer, Miia Maniko, Şehnaz Sakici, Stefania Buoni, Giuseppina Corso</p>
13:30-15:00	Group Photo and Lunch break
<b>Young Carers Workshop and Focus Group</b>	
15:00-16:30	<p><b>Good Practices for Young Caregivers from Greece, Italy &amp; Finland</b></p> <ol style="list-style-type: none"> <li>1) "Invisible young carers – Field notes from Finland and proposals for action" Mrs Kirsi Hokkila (30 minutes + discussion 10 minutes)</li> <li>2) "Pushing the Agenda: Transnational Advocacy and Good Practices to Support Daughters and Sons of Parents with Mental ill Health" Mrs Stefania Buoni is the president and co-founder of COMIP - Children of Mentally ill Parents, Italia's first NGO created by and for daughters and sons of parents with a mental illness, young carers. Author, Speaker, Activist. (12 minutes)</li> <li>3) "Children born to parents with psychosis: Challenges and Opportunities" (12 minutes) Dimitrios Kontis, M.D, Ph.D</li> </ol> <p><b>Focus Group with the participation of children with parents with mental health problems</b></p>
16:30 – 17:00	Coffee Break
17:00-17:30	<p>Detailed Presentation of the Work plan and updated project schedule - Gantt</p> <p>Presentation of the shared folder on Google Drive, Grant agreement and Financial rules [Dynami Zois]</p>
20:30	Official Dinner – Piperia Restaurant, Adrianou Str., Neo Psychiko, Filothei-Psychiko 11525

## **AGENDA**



## Second Day – 17 January 2020

10:00 11:00	<p>Presentation of the topics of the second transnational Meeting in Namur (June 2020) - [Centre Neuro Psychiatrique Saint-Martin)</p> <p>Questions and Answer about the project. Good Practices Guide: How to use the Google Form ? The Leaflet – The Questionnaires -</p>
11:00 -12:00	<p>MEP Stelios Kypouropoulos Member of the European Parliament, Psychiatrist <b>Kalliopi Panagiotopoulou MD, PhD, “Challenges for Young Carers”</b></p> <p>Mr. Donato Bonifaci, CVBF, Skype (Share4Carers associated partner) Homer Papadopoulos, National Center for Scientific Research Demokritos (Share4Carers associated partner)</p> <p>Final remarks. Certificates of Attendance - Evaluation of the Meeting [All Partners]</p>